



strengthening  
our home  
and family

## **Deseret Book®**

Family Home Evening Materials

Theme: Perseverance

Packet #100310

### **5 tips for successful Family Home Evenings**

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.

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# Perseverance

### Conference Talk:

For more information on this topic read "Your Happily Ever After," by Dieter F. Uchtdorf, *Ensign*, May 2010, 124-27.

### Thought:

You need to know that you will experience your own adversity. None is exempt. You will suffer, be tempted, and make mistakes. You will learn for yourself what every [one] has learned: through overcoming challenges come growth and strength.

(Dieter F. Uchtdorf, "Your Happily Ever After," *Ensign*, May 2010, 124-27.)

### Song:

"I Will Be Valiant," *Children's Songbook*, p. 162.

### Scripture:

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

(Isaiah 40:31)

### Lesson:

Bring a "Help Wanted" section of the newspaper and ask the family what jobs they think are listed. Tell them that employers need secretaries, truck drivers, nurses, teachers, and babysitters, but that there is no listing for the most important job of all. Review the song "I Will Be Valiant" to determine what the most important job is. (A valiant servant of the Lord.)

Explain that someone who is valiant is courageous in their work for the Lord. Heavenly Father "can depend" upon someone who is faithful for their whole life. When we persevere, we never give up, regardless of temptations, frustrations, disappointments, or discouragements.

(adapted from Virginia B. Cannon, *Our Children's Songs*, [Salt Lake City: Deseret Book, 1992], p. 109.)

### Story:

There was a great marriage planned. Ten women took their lamps and went to meet the bridegroom. Five were foolish. They brought their lamps, but only with whatever oil was already in them. Five were wise, bringing along extra oil to refill their lamps.

The bridegroom took a long time before coming, and the ten women fell asleep while they waited. At midnight, the women were called out to meet the bridegroom.

The five foolish women awoke and saw their lamps had gone out. They asked the others to share their oil. But the wise women had brought only enough for themselves. If they tried to share, all their lights might go out.

So the foolish women had to rush to buy more oil for their lamps. While they

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were gone, the bridegroom came. The five wise women went with him to the marriage, and the door was shut.

Later, the others came and knocked on the door. They cried, “Let us in!”

But the answer came, “I don’t know you.” So the five foolish women were left out in the night because they were not prepared.

(see Matthew 25:1–13)

(Randy-Lynne Wach, *Jesus Teaches Me: Parables for Children*, [Salt Lake City: Deseret Book, 2007], p. 38.)

**Activity:**

Have everyone stand within a large circle or boundary drawn on the ground.

On a signal to begin, toss a large, soft ball, such as a volleyball or beachball, into the air. Everyone must then keep it in the air by hitting, batting, or swatting and not let it hit the ground. The players must stay within the boundary.

The score for each round could be the number of hits before the ball hits the ground or the number of seconds the ball was kept in the air.

(George and Jeane Chipman, *Games! Games! Games!*, [Salt Lake City: Shadow Mountain, 1983], p. 85.)

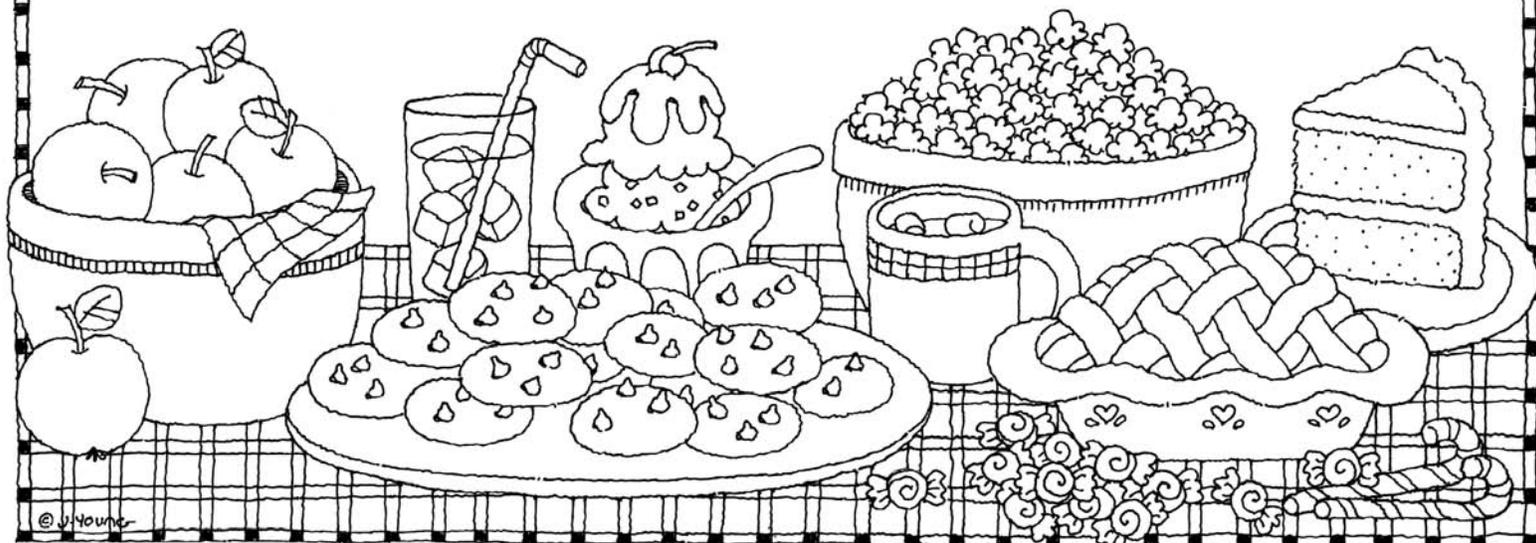
## Refreshment

### APPLE BROWN BETTY

4 cups apples, peeled and sliced  
1/2 cup sugar  
1/2 cup water  
3 tablespoons lemon juice  
1/2 teaspoon grated lemon rind  
1/4 teaspoon cinnamon  
1/4 teaspoon nutmeg  
4 cups soft bread crumbs  
1/2 cup butter or margarine, melted  
Sweetened whipped cream (optional)

In a bowl, combine apple slices, sugar, water, lemon juice, lemon rind, cinnamon, and nutmeg. Stir. Add bread crumbs and melted butter or margarine. Mix well. Place in a buttered 9 x 13-inch pan. Cover and bake at 350 degrees for 40 minutes or until apples are tender. Serve warm with sweetened whipped cream, if desired. Makes 6 servings.

(Paula Julander and Joanne Milner, *Utah State Fare* [Salt Lake City: Shadow Mountain, 1995] p. 191.)



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